

Getting to Know Your Child

Child's Name _____

- What are 3 adjectives to describe your child? _____

- What are your child's favorite activities? _____

- What holidays, traditions, and/or celebrations do you celebrate as a family? _____

- What are your child's favorite fruits? _____

- What are your child's favorite vegetables? _____

- Do you have any concerns about your child's eating habits?
(frequency, "picky eater", not eating enough, not eating enough "healthy" food, etc) _____

- Does your child have any health issues or allergies we should be aware of? _____

- Does your child nap daily? _____
- We have Quiet Time every day after lunch. Would you like for your child to try to nap during this time?

- Does your child require any help with bathroom breaks? _____

- Are there any specific strategies that help your child calm down when upset? _____

- What skills/activities would you like for your child to practice this year? _____

- Anything else you'd like for us to know about your child or your family? _____

